

## SCALA SANCTA PRAYER

### OPENING PRAYER.

Oh my Jesus, for the reward of your suffering, feel me with the life of faith, hope and love. Give me pardon of my sins as I have decided to change my life, proceed to climb the holy steps which I respect so much, as a reminder of your sacrifice as a sign of trusting in your mercy in this life and to getting myself ready for eternal salvation in the next. Amen

### STEP 1:

My Jesus, for the sorrow you felt deep in your heart after separating with your mother and your disciples, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

### STEP 2:

My Jesus for the severe pain that made you a true source of living blood in the garden of Olive, have mercy on me. Oh holy mother, Bring it that the wounds of your son be impressed in my heart.

Hail Mary.....

### STEP 3:

My Jesus, for the pain you felt when betrayed by Judas Iscariot who dedicated you to the courts of law. Have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

### STEP 4:

My Jesus, for the confusion you felt in the ways of Jerusalem while being abused by the crowd, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

### STEP 5:

My Jesus, by the obedience you displayed before the courts have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 6:**

My Jesus, for the patience you exercised while being mocked and abused by the crowd after being sentenced to death, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 7:**

My Jesus, by the exhaustion you withstood while climbing up and descending this steps a number of times, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 8:**

My Jesus, for the silence exercised in front of Pilate after being accused by the false witnesses, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart. Hail

Hail Mary.....

**STEP 9:**

My Jesus, for the silence exercised in front of Pilate after being mocked and dressed as a mad man in Herod's court, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 10:**

My Jesus, for the shame you endured while being stripped and chained, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 11:**

My Jesus, for the extreme and cruel suffering you experienced, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 12:**

My Jesus, for the mental pain caused by the sharp thorns that pierced your head, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 13:**

My Jesus, by the shame suffered after being dressed in a mantle of purple, with your eyes blind folded and saluted in a parody of how a king is saluted, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 14:**

My Jesus, by the pain you felt after being betrayed by your own people who cried out loudly that you were to be sentenced to death, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 15:**

My Jesus, by being undermined while being compared to a great criminal Barabbas . Have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 16:**

My Jesus, by the resignation with which you carried the cross and walked to Calvary, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 17**

My Jesus, for the pain you felt in meeting your sorrowful mother on your way to Calvary, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 18:**

My Jesus, due to the determination showed while persevering the burden of the cross on your way to Calvary, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 19:**

My Jesus, by the strong feeling you felt after being forced to take a bitter drink, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 20:**

My Jesus, by your suffering on feeling your clothes torn from your bleeding and sore-strewn flesh, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 21:**

My Jesus, by the strength with which you lay down upon the cross and let your hands and feet be pierced with nails, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 22:**

My Jesus, by the infinite love that you showed while forgiving and praying for those who crucified you that "Father forgive them because they are ignorant of what they are doing" have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 23:**

My Jesus, by the generosity with which you promised heaven to the repentant sinner and also dedicating John to the holy mother to be his mother, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 24:**

My Jesus, by the cruel thirst that added more pain in your suffering, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 25:**

My Jesus, by the pain you felt while being abandoned by your father and cursed by men, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 26:**

My Jesus, by the love with which you sacrificed your life to reconcile me with God and prepare me for eternal life. Have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 27:**

My Jesus, by the wounds in your side from which the church, mother and teacher of its faithful was born: have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**STEP 28:**

My Jesus, by the tears mother Mary shed after hugging you in her arms and arranging you in the tomb, have mercy on me. Oh Holy mother, Bring it about that the wounds of your son be impressed in my heart.

Hail Mary.....

**Let us pray.**

Oh Jesus, in whose passion a sword of great suffering according to Simeon's prophecy, pierced the secret heart of the Virgin Mother, believe that in your upgrading and promoting your grief, we get the passion of your suffering for who lives reigns with you forever and ever. Amen

